

STAFF RESOURCES DIRECTORY

Assembly Resources

Human Resources – (916) 319-3700

Tosha Cherry – Human Resources Director
Liz Foster – Human Resources Consultant
Erin Shelby – Human Resources Consultant
Maria Daniells – Human Resources Consultant
ShaRhonda Clark – Human Resources Consultant

Employee Assistance Program

(Magellan Healthcare)

Up to 7 confidential counseling sessions per problem type per family member per year. View the CALHR [Employee Assistance Program Brochure](#) on the Assembly's Intranet.

24-Hour Toll free number: 866-EAP-4SOC or 866-327-4762

Online Member Services: search for a counselor, take a health risk assessment, manage your stress with interactive tools - visit <http://www.eap.calhr.ca.gov> – follow the prompts to “**Choose a Plan**” and select “**State of California Level 1**”, then select “**Go**” under the option that begins with “**CalFire**”.

Legal & Identity Theft Program – CLC Incorporated

- Legal Consultations and referrals to an attorney at discounted rates
- 24-Hour Emergency Services
- “Assisted” Legal Forms Document Preparation
- Free Online Legal Documents
- Estate Planning (Fixed Fee Services)
- Identity Theft Counseling

Additional details can be found on the [Summary of Benefits](#).

Access the Free Online Legal Documents here: [Free Legal Documents](#)

To access benefits through CLC - call CLC at 800-541-9701, and select Option 2 for Customer Services. Identify yourself as an Assembly employee and provide them with your Employee Number. Your Employee Number can be found on your online pay slips, located on the Assembly Human Resources Self Service application on the Assembly Intranet, [Assembly Self Service](#).

Support Services

National Sexual Assault Telephone Hotline

RAINN (Rape, Abuse & Incest National Network)

www.rainn.org

(800) 656-4673, available 24/7

Sacramento County District Attorney's Office, Victim Witness Assistance Program

<http://www.sacda.org/helpingvictims/victim-witness/>

The District Attorney's Office Victim Witness Assistance Program is dedicated to providing services to victims.

(916) 874-6218

8:00 a.m. – 5:00 p.m., Monday - Friday

City of Sacramento, Resources for Victims of Crime

<https://www.cityofsacramento.org/Police/Resources/Crime-Victim-Resources>

My Sister's House

<http://www.my-sisters-house.org/>

My Sister's House is the first and only non-profit organization to specifically identify and address the unique needs of women and children impacted by domestic violence in the Central Valley's highly diverse Asian and Pacific Islander community.

(916) 428-3271, available 24/7

Victims of Crime Resource Center

<http://www.1800victims.org/>

(800) 842-8467 (call or text)

8:00 a.m. – 5:00 p.m., Monday - Friday

WEAVE

<http://www.weaveinc.org/>

(916) 920-2952, available 24/7

California Victim Compensation Board

<https://victims.ca.gov/victims/>

(800) 777-9229

8:00 a.m. – 4:50 p.m., Monday - Friday

Empower Yolo

<http://empoweryolo.org/>

Provides twenty-four hour crisis intervention, emergency shelter, confidential counseling, training, legal assistance, and other services for individuals affected by domestic violence, sexual assault, human trafficking, and child abuse.

24 hour crisis line: (530) 662-1133 or (916) 371-1907

The Center for Violence-free Relationships

(El Dorado County)

<http://thecenternow.org/>

The Center for Violence-Free Relationships offers a wide range of services for women, men, teens, and children who are survivors of domestic violence and sexual assault.

(530) 626-1131 or (916) 939-6616, available 24/7

Alliance Against Family Violence and Sexual Assault

<http://kernalliance.org/>

The Alliance Against Family Violence and Sexual Assault service women, men, teens, and children who are survivors of domestic violence and sexual assault.

Toll Free: (800) 273-7713

24-Hour Crisis Hotline: (661) 327-1091

Community Beyond Violence

(Grass Valley)

<http://cbv.org/>

Community Beyond Violence offers resources for building healthy relationships and to work with community partners to provide services for healing the effects of interpersonal violence.

(530) 272-3467, available 24/7

North County Rape Crisis and Child Protection Center

<http://www.sbcountyrapecrisis.org/home.html>

The purpose of the North County Rape Crisis and Child Protection Center is to reduce the incidence of vulnerability to sexual assault by providing education and prevention skills and to alleviate the trauma experienced by survivors of these crimes.

24 hour crisis line: (805) 736-7273

Rape Crisis

(Butte, Glenn and Tehama Counties)

<http://www.rapecrisis.org/>

24-hour crisis line: (530) 342-RAPE (7273)

Butte County Office: (530) 891-1331

10:00 a.m. – 6:00 p.m., Monday - Friday

Tehama County: (530) 529-3980

10:00 a.m. – 6:00 p.m., Monday - Friday

Verity

(Santa Rosa)

<http://www.ourverity.org/>

Verity strives to eliminate all forms of violence, with a special focus on sexual assault and abuse.

24-hour crisis line: (707) 545-7273

YWCA Silicon Valley

<http://ywca-sv.org/>

For immediate in-person crisis assistance and counseling services, contact the 24-hour Sexual Assault and Domestic Violence Support line.

24-hour crisis line: (800) 572-2782

National Sexual Violence Resource Center

<https://www.nsvrc.org/>

Bay Area Women Against Rape

<http://www.bawar.org/>

(510) 845-7273, available 24/7

Rape Trauma Services

<http://rapetraumaservices.org/>

24-hour crisis line: (650) 692-7273

California Department of Fair Employment and Housing

<https://www.dfeh.ca.gov/>

California Department of Industrial Relations

<http://www.dir.ca.gov/dlse/dlseRetaliation.html>

Crime Victim Assistance Organizations

Office for Victims of Crime (OVC)

<http://www.ojp.usdoj.gov/ovc/>

OVC is a part of the United States Department of Justice. It administers the national Crime Victims Fund.

California Coalition Against Sexual Assault

<http://www.calcasa.org/>

CALCASA is a statewide coalition of nonprofits and others working together to end sexual violence.

Congressional Victims' Rights Caucus

<http://vrc.poe.house.gov/>

Members of the VRC represent crime victims' issues in Congress.

National Association of Crime Victim Compensation Boards (NACVCB)

<http://www.nacvcb.org/>

NACVCB is a professional association of crime victim compensation boards seeking to improve services for victims.

National Organization for Victim Assistance (NOVA)

<http://trynova.org/>

NOVA is a nonprofit organization that advances victim issues.

(800) 879-6682

9:00 a.m. – 5:00 p.m. (EST), Monday - Friday

Local Victim Witness Assistance Centers

<https://victims.ca.gov/victims/localhelp.aspx>

View CalVCB's list of victim witness assistance centers in each county in California.

VictimConnect Resource Center

<http://victimconnect.org/get-help/victimconnect-chat/>

VictimConnect provides live anonymous referrals and support for victims of crime, their friends, and families through the National Center for Victims of Crime. VictimConnect is free and has phone lines available from 8:30 a.m. to 7:30 p.m. (EST), Monday through Friday and a chat platform open from 9:30 a.m. to 6:30 p.m. Monday through Friday at (855) 484-2846.

Victims of Crime Resource Center (1-800-VICTIMS)

<http://www.1800victims.org/>

The University of the Pacific McGeorge School of Law provides resources and referrals to crime victims through their website and the 1-800-VICTIMS hotline, available 8:00 a.m. – 5:00 p.m. (PST), Monday through Friday. The center is closed major holidays and December 24th – 30th.

Mental Health Resources

Mental Health Services Oversight and Accountability Commission

<http://www.mhsoac.ca.gov/>

Find a Psychologist

<http://www.findapsychologist.org/>

The National Register of Health Service Providers in Psychology provides an online directory of psychologists and additional helpful information.

List of County Mental Health Departments

<http://www.dhcs.ca.gov/individuals/Pages/MHPContactList.aspx>

The California Department of Health Care Services' Mental Health Services Division maintains a list of county mental health departments on their website. The Medi-Cal and MHSA programs' services are directly provided at the local level by counties and their contract providers.

Find a Therapist

http://counselingcalifornia.com/CC/Find_a_Therapist/CC/Find_a_Therapist/AdvSearch.aspx

CounselingCalifornia.com provides a searchable directory of licensed therapists, most of whom are members of the California Association of Marriage and Family Therapists.

Find a Therapist on Psychology Today

<https://therapists.psychologytoday.com/rms/>

Psychology Today's therapist listings include psychologists, psychiatrists, therapists, counselors, support groups and treatment centers.